



# Vorsaisonkurs

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## Reminder : fifty-fifty situations

Travelling violation : **no call**

Act of shooting or not : **act of shooting**

Unsportsmanlike foul or normal foul : **normal foul**

Travelling violation by low post player : **tolerance** (spin move, reverse, etc) >>> **CALL THE OBVIOUS, DON'T ANTICIPATE**



## LOW POST PLAY



1. The principle of verticality applies also to post play. The offensive player in the low post and the defensive player guarding him must respect each other's rights to a vertical position.
2. It's a foul by an offensive or defensive player in the post position to shoulder or hip his opponent **out of position** or to **interfere** with his **opponent's freedom of movement** using extended arms, shoulders, hips, legs or other parts of the body.



## LOW POST PLAY

3. Post play should be viewed and anticipated as a physical **(not rough)** match-up between two opponents, especially big players. But if illegal use of hands, forearm, knees or legs impedes the movement of, or dislodges the opponent then a foul must be called.

4. At no time may a hand or both hands be placed upon an opponent, preventing freedom of movement by the offensive player. Both hands on the offensive player = foul immediately.



## LOW POST PLAY

5. An offensive player cannot dislodge a defensive player from a spot on the floor.

6. There can be no “let them play” attitude when the contact is excessive or rough.



# Teaching Material

## Post Play

[https://www.youtube.com/watch?v=G\\_xDhssiUel](https://www.youtube.com/watch?v=G_xDhssiUel)

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## Handchecking

1. Hand on the hip is not necessary a foul
2. Two hands on player is a foul in most cases!
3. Leading the movements of the player is a handchecking foul



# Teaching Material

## Hand checking

<https://www.youtube.com/watch?v=ZJDckPuSQ5c>





## TACTICAL FOUL

### New interpretation

1. Apply advantage - disadvantage >>> don't penalize the offense, let them finish the fastbreak
2. Call ONLY if it's an unsportsmanlike foul
3. Think about the flow of the game



## Unsportmanlike Foul «U»

1. Initial position of the defender is important
2. Foul from behind or the side
3. Foul after the act of shooting has begun is not a U



## Teaching Material

### Unsportmanlike Foul «U»

<https://www.youtube.com/playlist?list=PL4CFNnbyCggSqz30WQuLKnLGqrz9rx9t4>