Offensive principles U12 - U14 - (U16)

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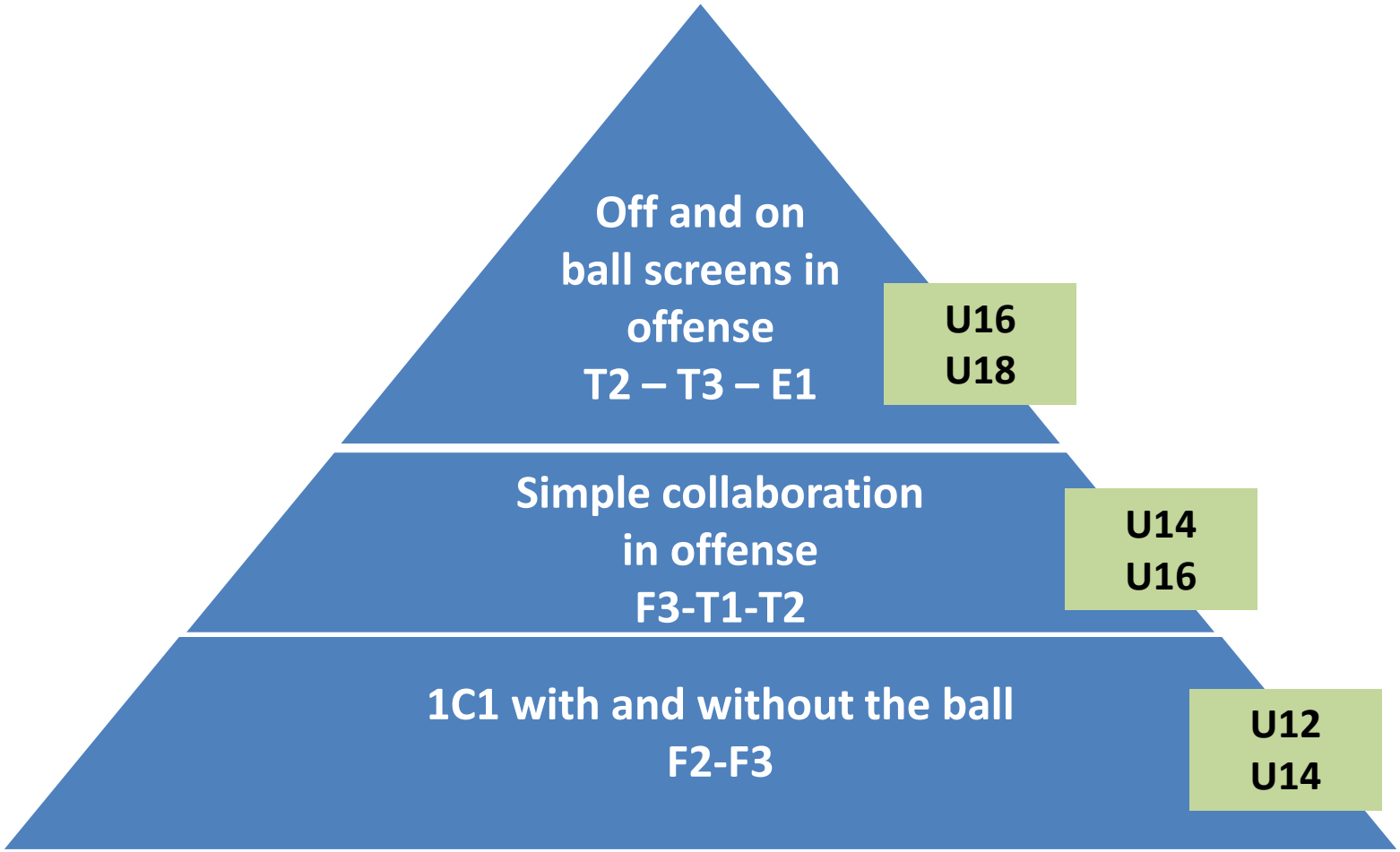
Topics

- **Choices - foundation for the future**
- **Basics of our game**
- **Priorities**
- **Off ball game - Inside position**
- **Methodology**
- **Evolves with the player**

Choices - foundation for the future

- We made our choices based on the Swiss reality
- We cannot do everything, we have to make choices
- We have chosen concepts the players will use in their senior life
- In relation to the level and workload of each reality, you will be able to achieve the goal more or less quickly.

youth apprenticeship



Basics of our game

- Above all, we must use a large part of our time in the following points:
- 1. Shooting
- 2. Passing
- 3. Dribbling
- 4. Quick game
- 5. Mentality in defense

Basics of our game

- ***From the beginning***
- 1C1
- Give and go
- Give and go away
- ***Later***
- Hand – off
- Dribble hand – off
- ***U16***
- Starting to introduce off and on ball screens
- Combine ball and off ball screens

Priorities

- We want a game based on reading situations
- We want players capable to analyse and find the solution
- We want player capables to play in all positions
- We do not want to specialize players at this age
- We want to have also a triangle on one side and two players on the other

Priorities

- We want players able to play the off ball game respecting the spacing rules
- We want players able to play the off ball game respecting the timing rules
- We want to give the ball inside and play attacking the close – out after a pass

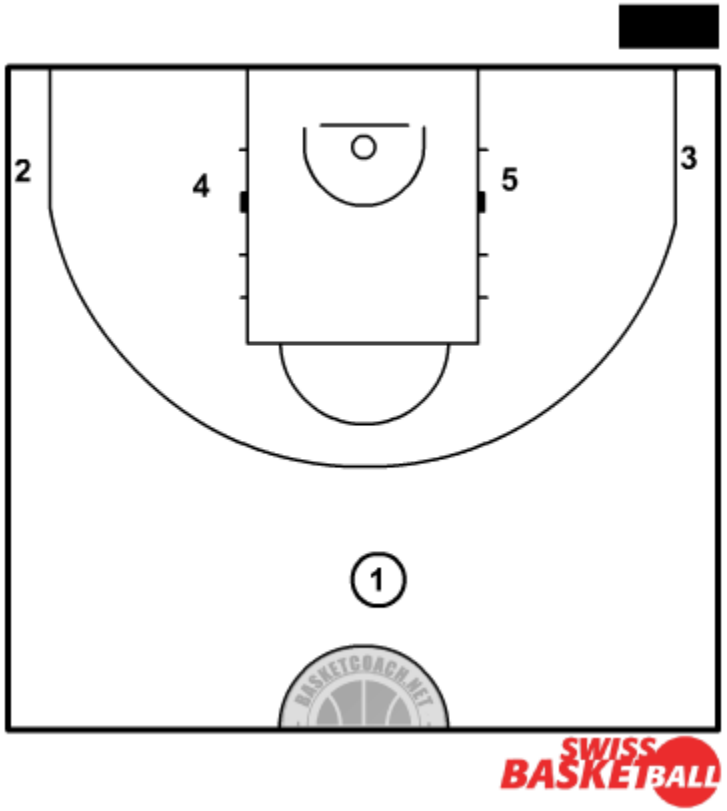
Evolution

- The concept evolve with the player, we can add:
- 1. Hand-off
- 2. Off ball screens
- 3. Ball screens
- Combination of off-ball and ball screens

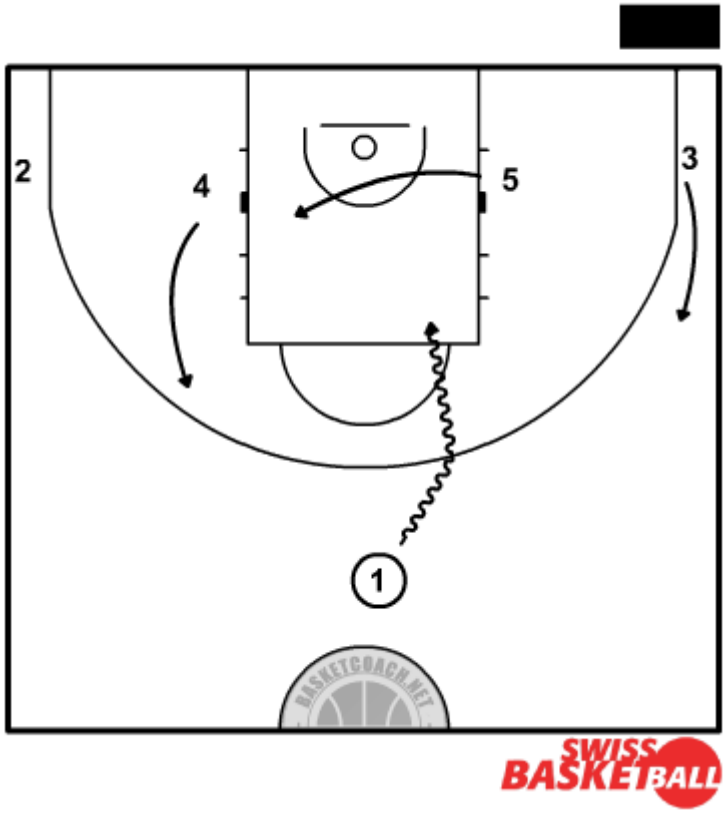
Methodology

- One option at the time (technic)
- All the options (technic)
- Guided (coach, reading)
- Guided (player, reading)
- With advantage (assessment of the acquired level)
- Game situations (assessment of the acquired level)
- With goals

Spacing

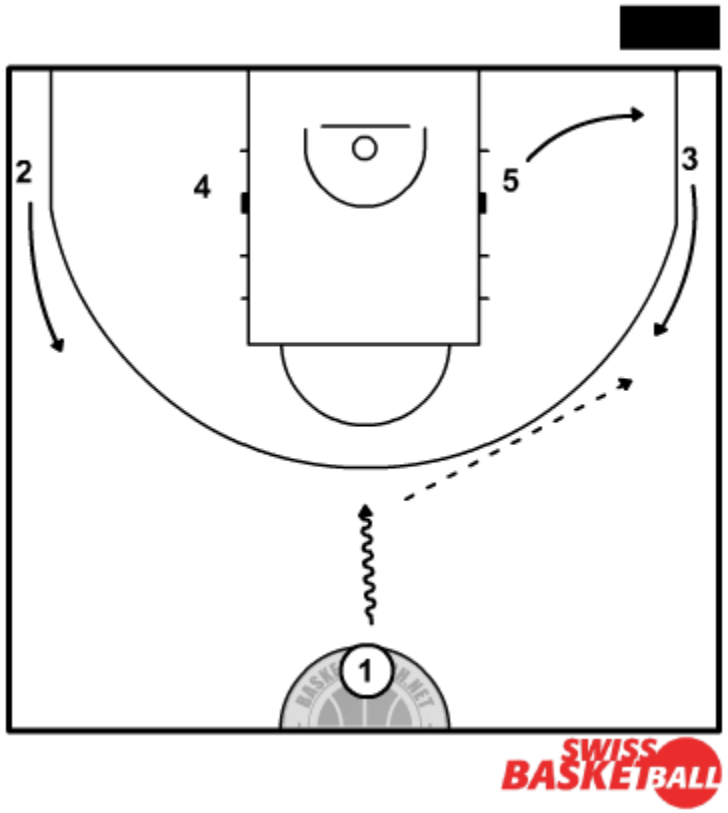


1C1 + spacing



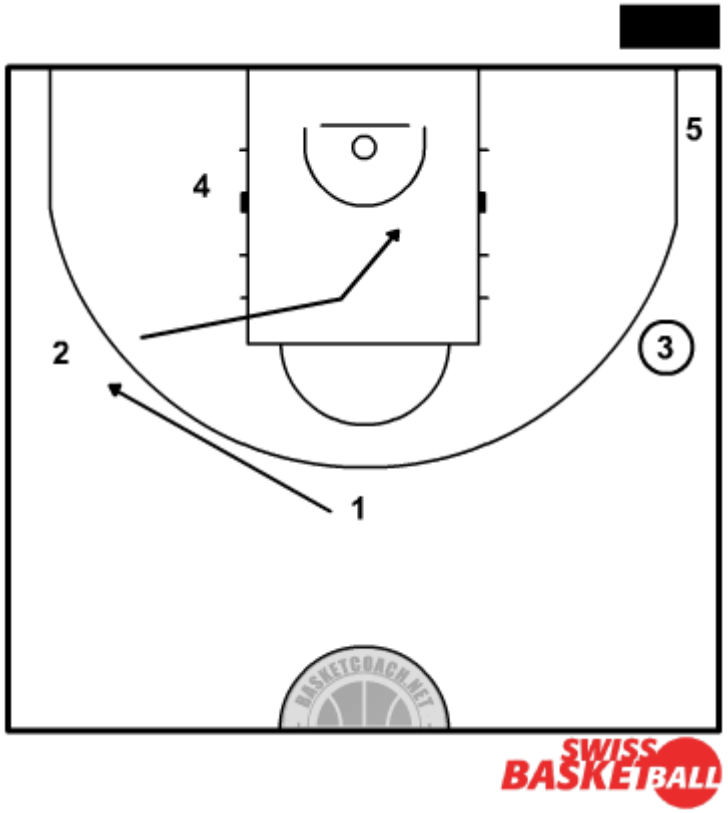
Offensive principles

Entry pass

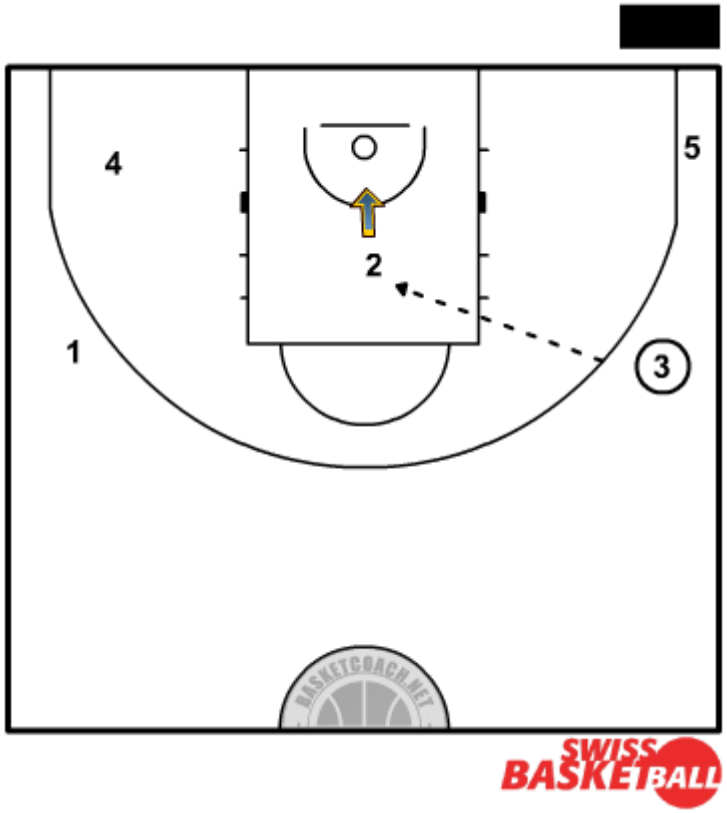


Option give and go awa

Diagonal cut

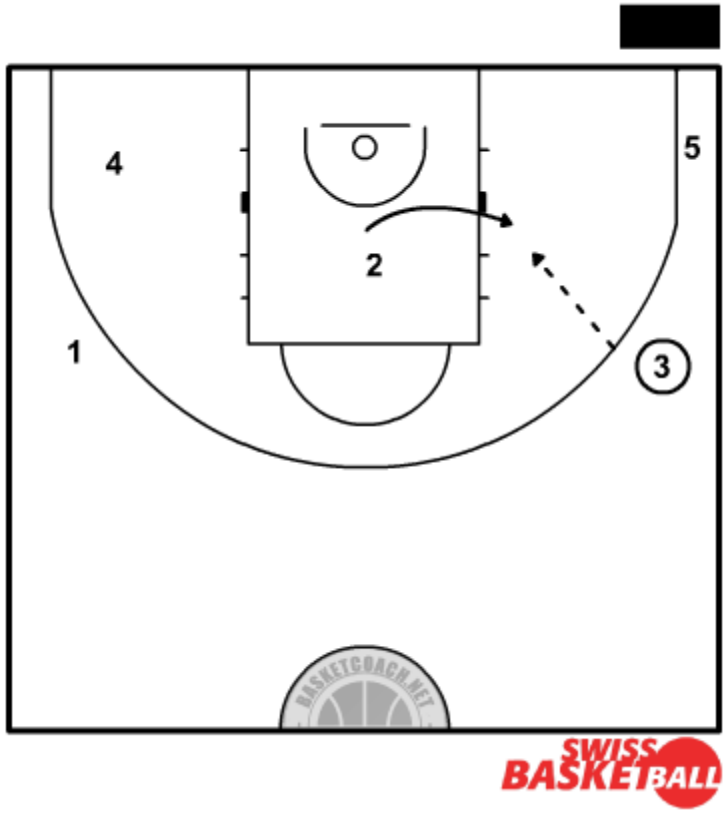


Diagonal cut - ball in

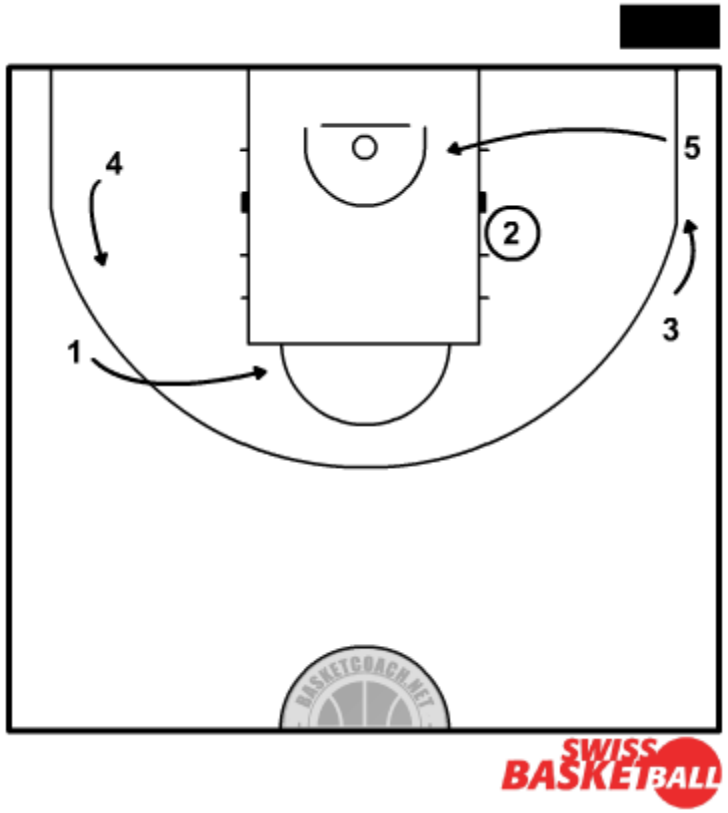


Diagonal cut

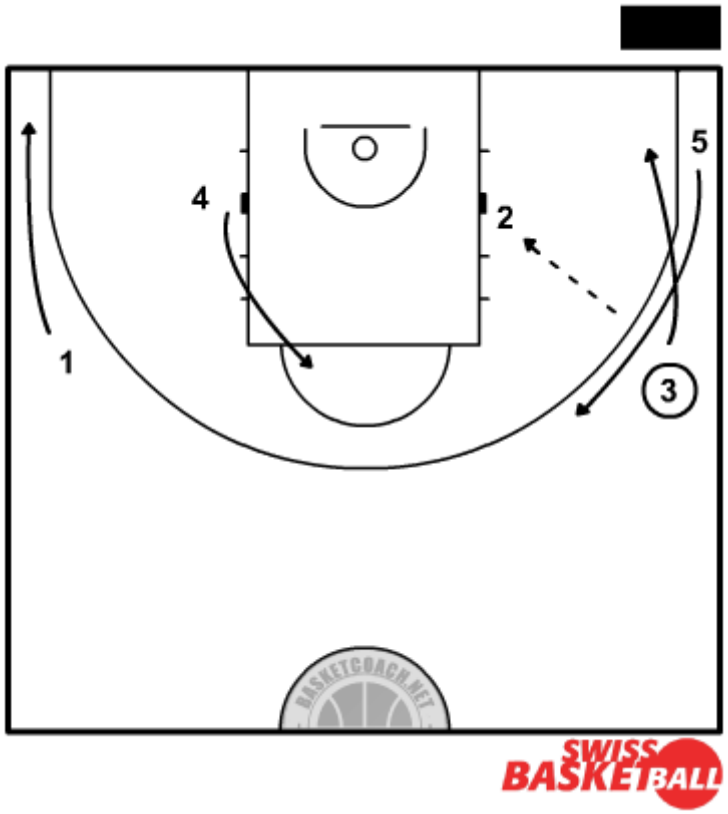
Mid post



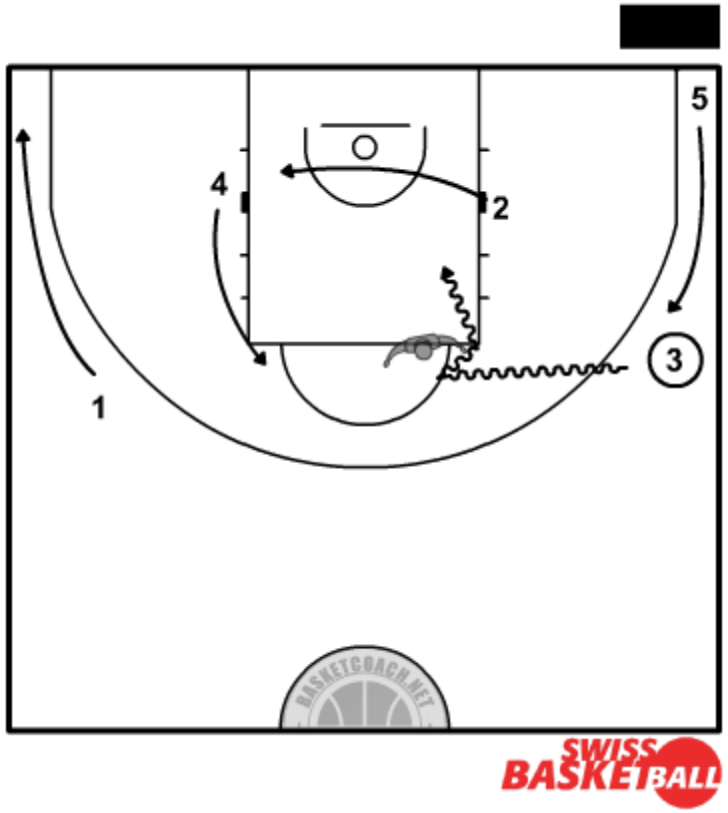
Ball inside + spaci



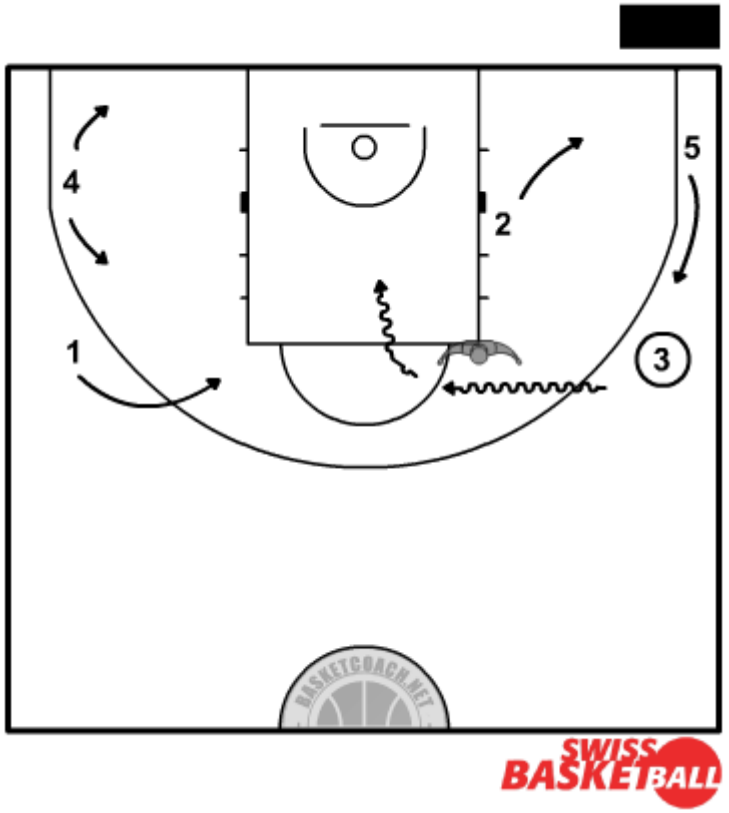
Ball inside + cross



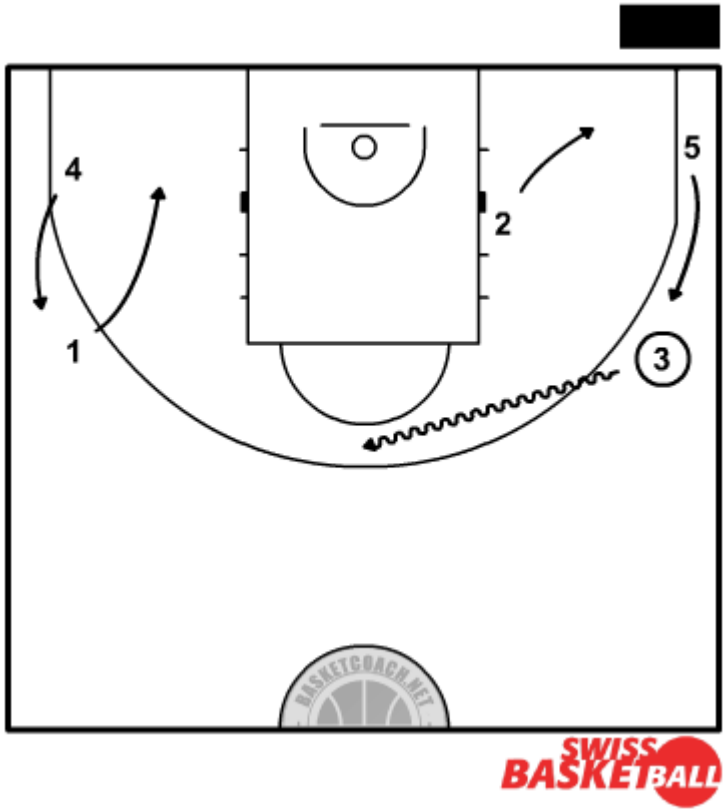
- 1c1 external



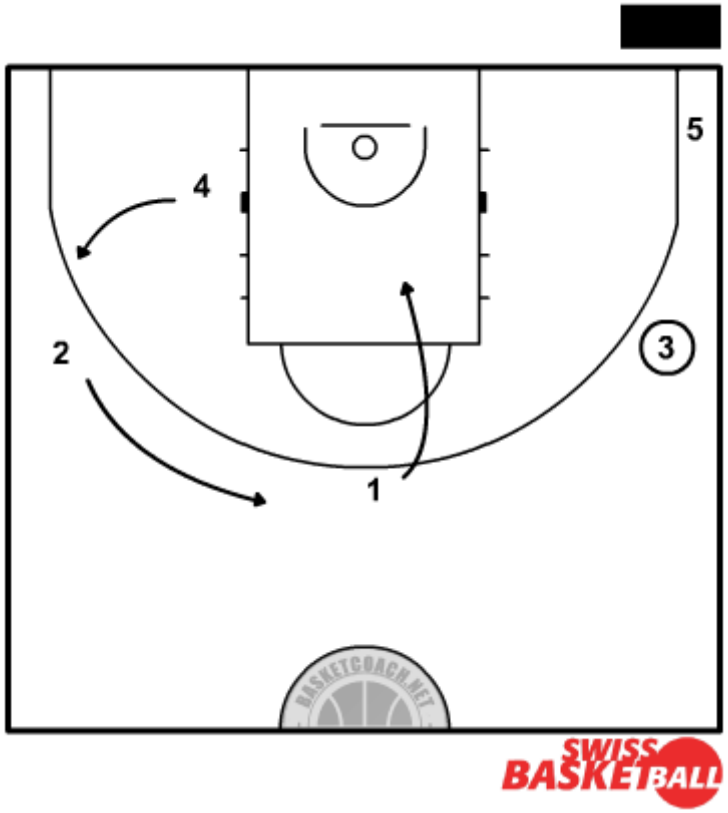
1C1 middle



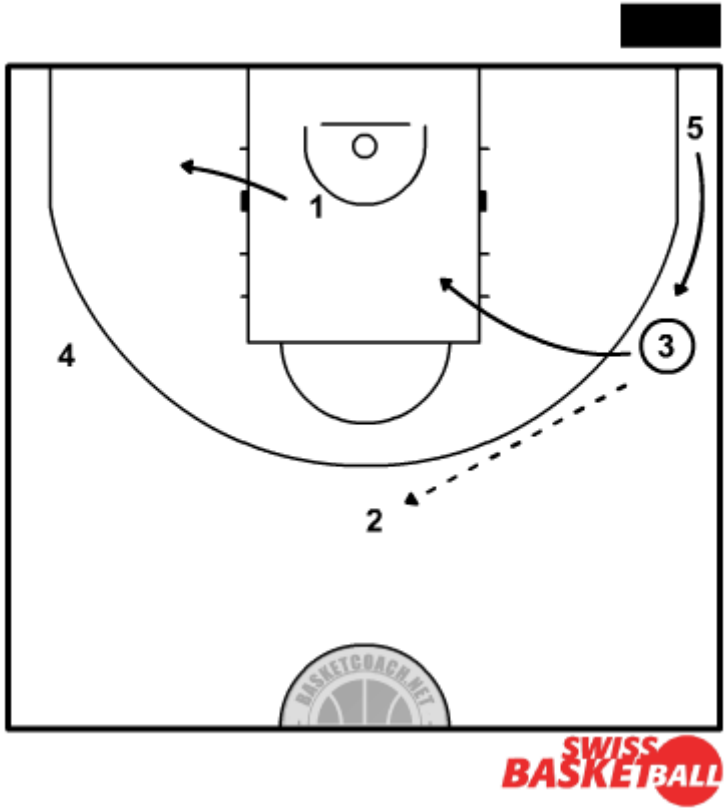
Give and go away continuity



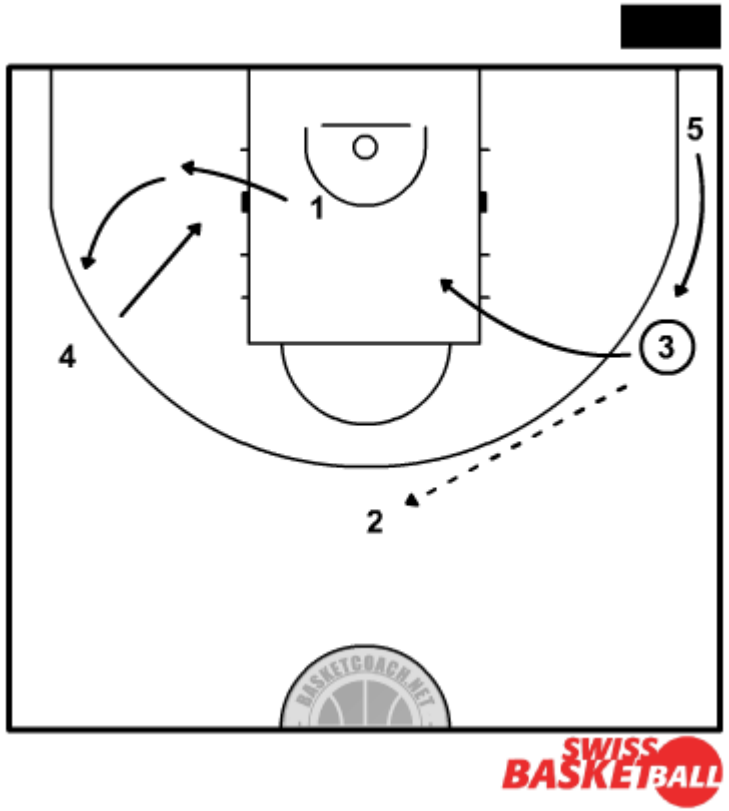
Option give and go



Give and go wing – middle



Give and go wing – middle



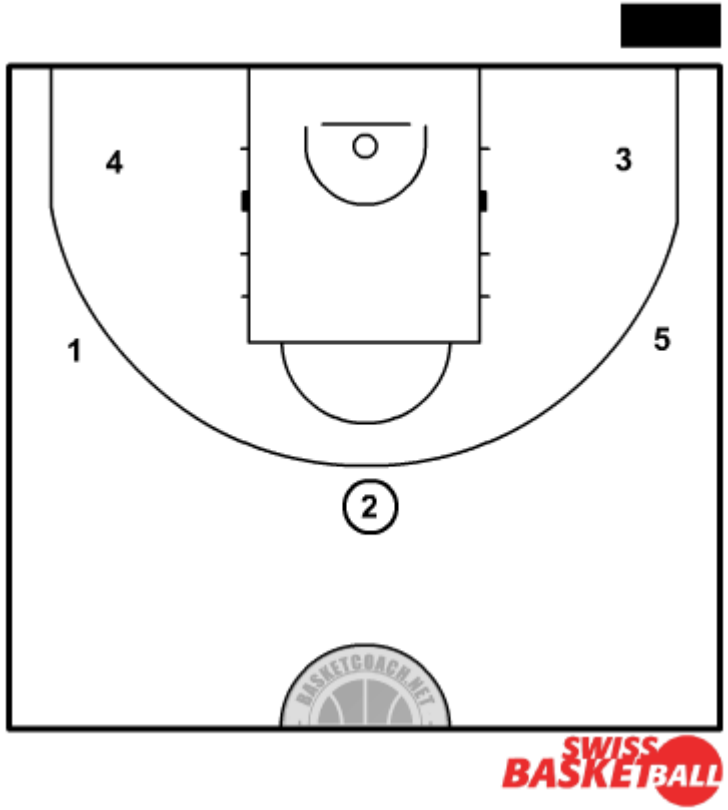
Continuity give and go

Options:

1C1

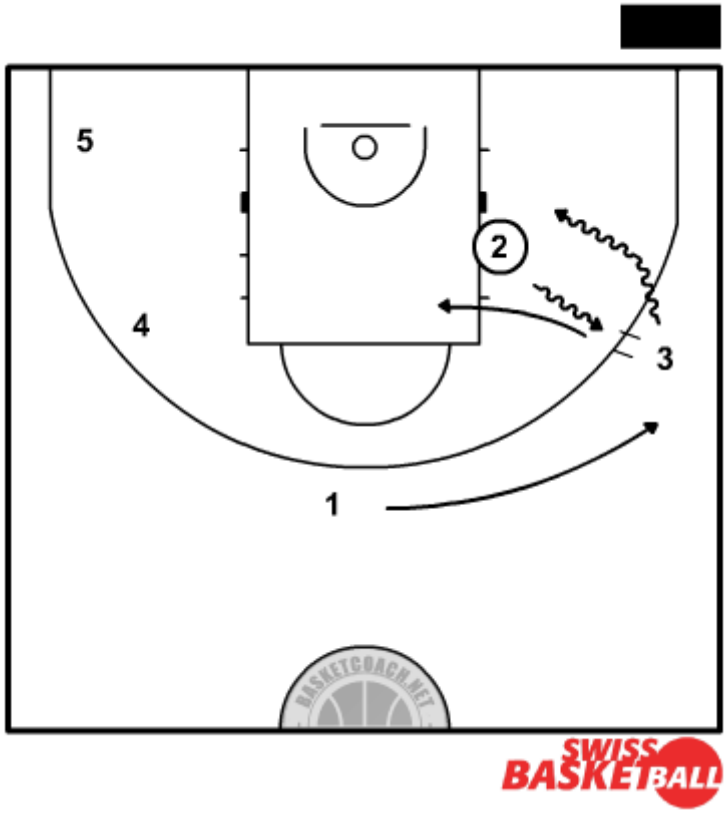
Give and go

Give and go away

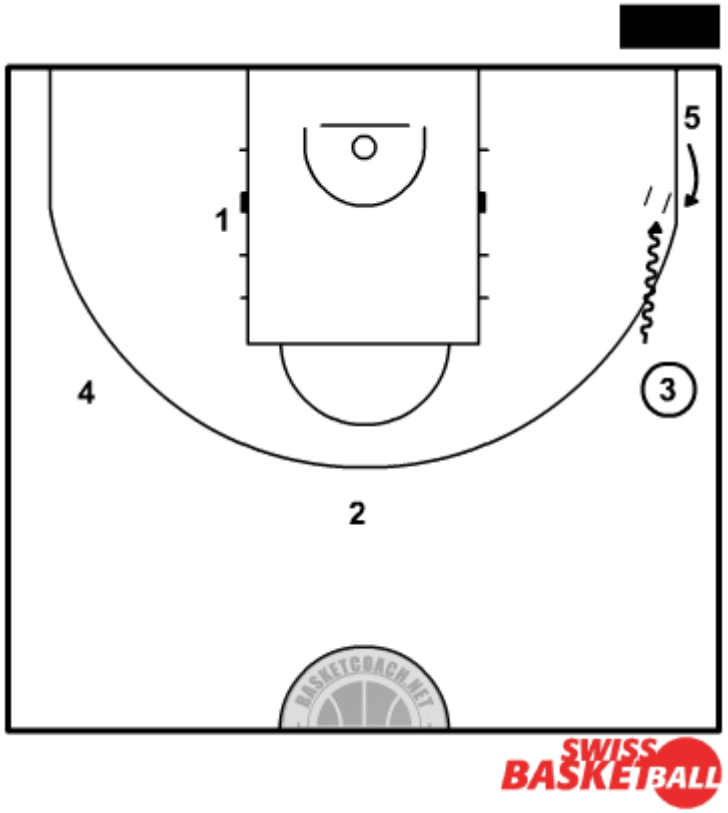


Option dribble hand off

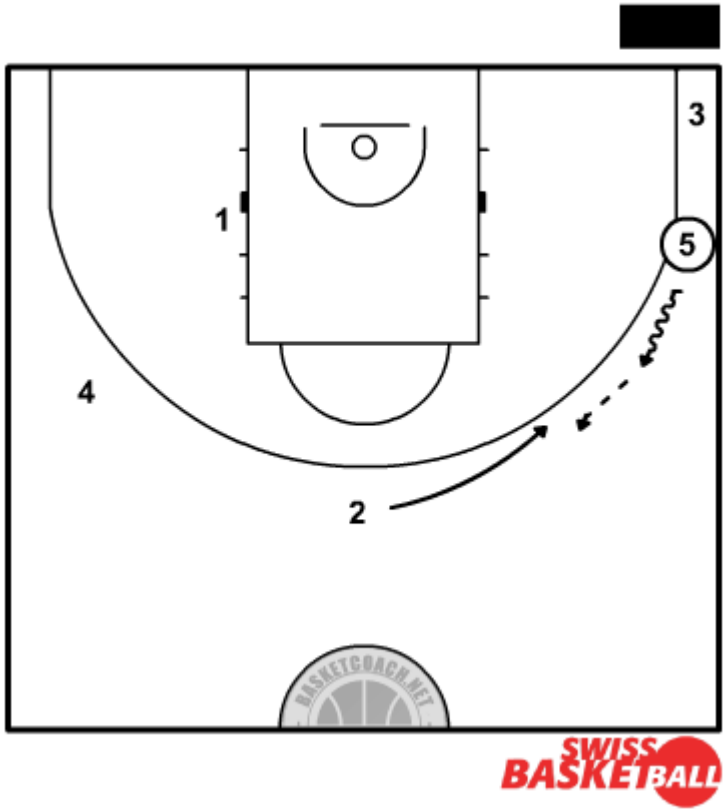
Inside – outside



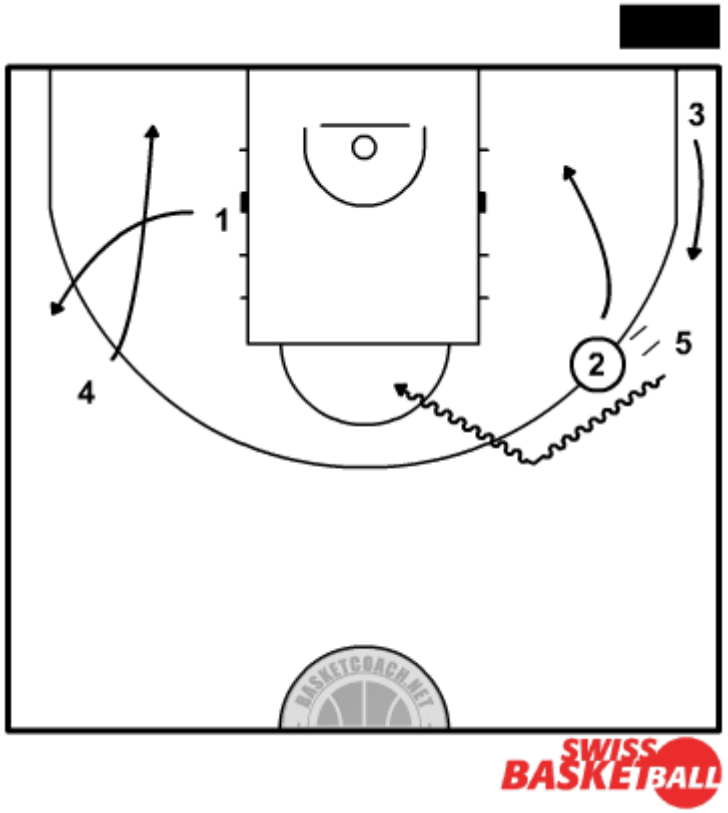
External dribble hand-off



External dribble hand-off

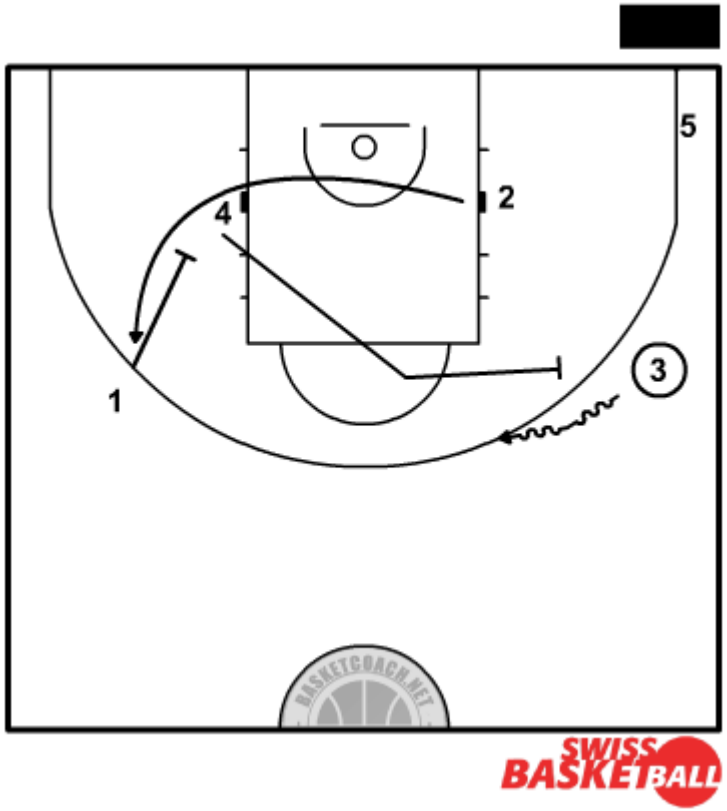


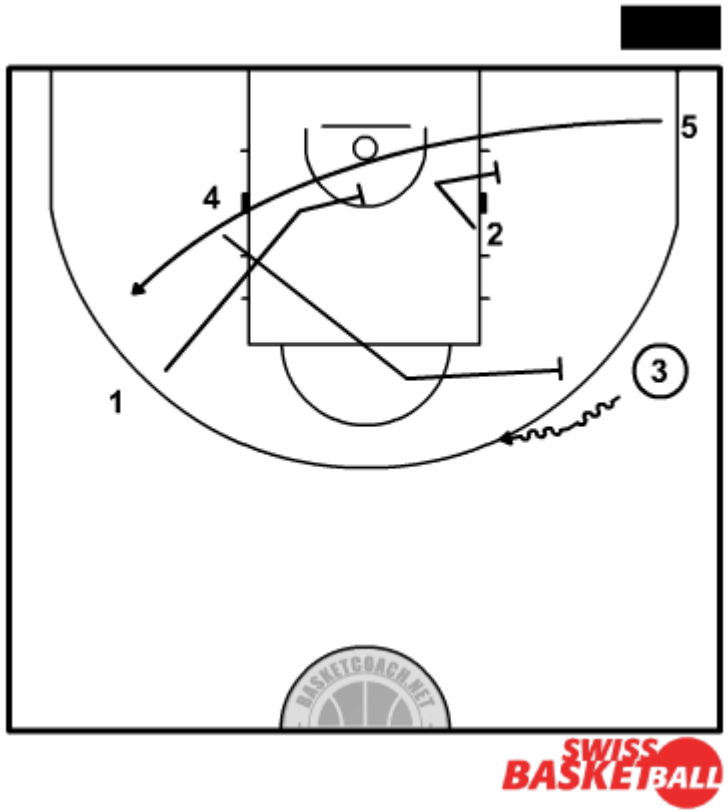
Offensive principles



Screens Pnr + off ball screen

Not in U14



Screen PnR / PnP + stag

Not in U14